

MENTAL HEALTH POLICY

CORE VALUES OF MENTAL HEALTH CARE

To achieve our aspiration for the provision of quality care to those Service Users who have mental health issues, Kemfa care has developed a set of core values that underpin the way all staff deliver care and treatment. These values have also been used to develop our strategic aims.

- Togetherness
- Responsibility
- Excellence
- Caring

OUR AIMS

Kemfa care has five strategic aims for the care and treatment of our service users and their families, for our staff in the provision of services, and for the wider development of mental health services and reduction of social stigma.

- To effectively treat and care for people with mental health problems;
- To provide accessible services;
- To support independent living;
- To promote health and well-being in partnership
- To be responsive and accountable

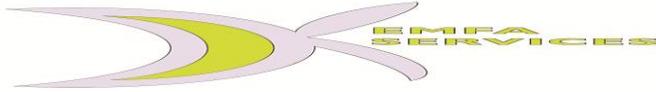
To effectively treat and care for people with mental health problems

Kemfa care will provide a Care Plan that will reflect the assessment detail, in that identified needs are met wherever possible within the plan. Formulation of the Care Plan will involve the Service User, and where appropriate their carer and/or advocate, in addition to those who will provide the delivery of care.

The Service User will be provided with information about the Care Programme and a copy of their care plan which will:

- Identify involvement and anticipated outcomes.
- Record all the actions necessary to achieve agreed goals.
- In the event of disagreement, include reasons for this.
- Describe the amount of planned involvement based established routines, ie daily, two or three times a week etc,

The Care Plan will focus on the Service User's strengths as well as his or her needs and seek to promote recovery and independence. Recognising, reinforcing and promoting strengths at an individual, family and social level will be an explicit aspect of the Care Plan.



The Care Plan will recognise the diverse needs of the Service User, reflecting cultural and ethnic background as well as spirituality, gender and sexuality. It will include action and outcomes in all aspects of a Service User's life where support is required, e.g. psychological, physical and social function.

A copy of the Care Plan will be provided to Kemfa care Staff directly responsible for care delivery and, with the consent of the Service User, any other relevant parties.

The Care Plan will clearly show the name of the Care Co-ordinator and other involved in care delivery and the next review date, the frequency of which will be determined by Service User needs. However, a review will be required to be performed automatically if one has not taken place within any 12 month period.

Kemfa care will support Staff to ensure that they have a comprehensive knowledge of skills and competencies so that the Service User receives the highest standard of care possible.

To provide accessible services

Grace Home aims to provide services in the least restrictive environment consistent with the Service User's, carers', Staff and public's safety, and at a time convenient to Service Users, which will help us achieve our other aims such as reducing stigma and discrimination.

To support independent living

Kemfa care will work with Service Users and their carers to recognise and use their understanding of their illness to help prevent and manage crisis. We will endeavour to ensure that the delivery of services does not create dependency, but rather helps and supports people make their own personal, social and occupational life choices by promoting independent living.

Kemfa care will support our service users to achieve and maintain the optimum quality of life possible with their illness.

To promote health and well-being in partnership

We will support the public health agenda and promote good physical healthcare for people with mental health problems, and help carers and Service Users of long-term mental healthcare, supporting them where necessary as and when required.

To be a responsive and accountable organisation

Kemfa care will treat Service Users, carers and staff with equal with respect so that they all have a voice in how care and treatment is provided to them and in the broader development of services.

Kemfa care will recognise expertise that Service Users and carers bring with them about their own illness and issues of caring and supporting them to maintain optimal independence.

Kemfa care will encourage and expect leadership and accountability from staff.